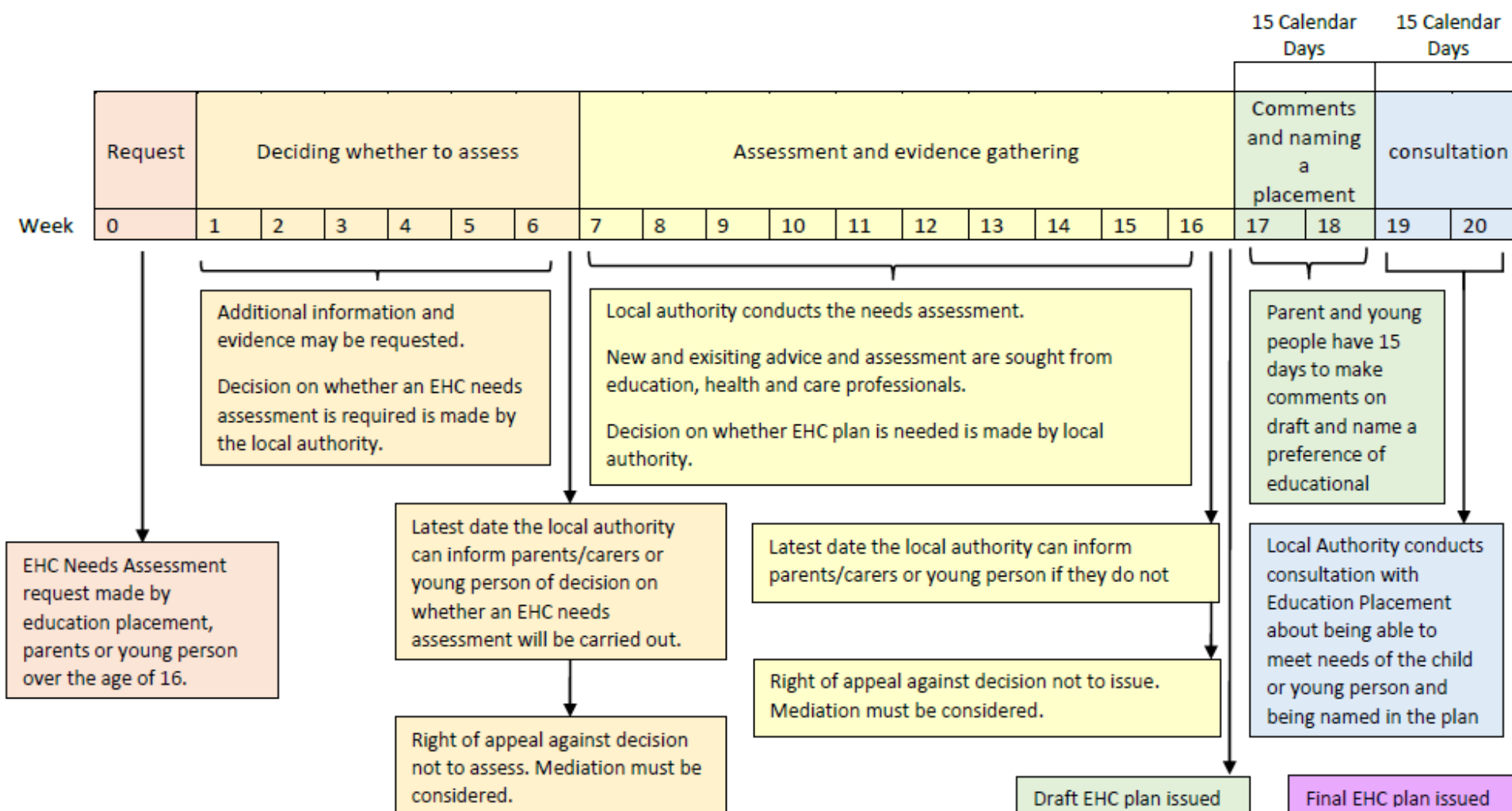


## EHC Needs Assessment 20 week timeline



## **Writing about your child - a checklist to help for EHC needs assessments**

As a parent you are an expert on your child. If you are requesting an Education, Health and Care (EHC) needs assessment, or providing further information as part of the assessment itself, it is important to give clear information about your child's needs.

### **Your child's early years**

- When did you first noticed any problems - big or small?
- Did you tell anyone? What help or advice did you get?

### **Your child now**

- **Health:** eating, sleeping, illnesses, tiredness, depression, panic attacks.
- **Physical skills:** walking, climbing, handwriting, using scissors.
- **Communication:** hearing, gestures, eye contact, speech: describing things, talking to people, using the telephone, taking messages.
- **Personal skills:** dressing, washing, dealing with pocket money, time-keeping, remembering to pack sports kit/or pencil case.
- **Behaviour:** showing anxiety or frustration, problems with concentration.
- Your child at home.
- Watching TV, reading, hobbies.
- Outside activities: clubs, sports.
- **Relationships:** parents, brothers and sisters, other adults, friendships.
- **Behaviour at home:** sharing, listening, fighting with siblings, moods, tantrums.
- **Homework:** difficulty remembering what to do, or finishing in the set time.
- Your child at school or college.
- What lessons or activities does your child enjoy?
- Friendships, relationships with teachers.
- **Problem areas:** lessons, playtime, new teacher, change in routine.
- Extra help which has worked or not worked for your child.
- Are your child's difficulties getting worse? Does any particular incident or piece of work illustrate your child's difficulties?
- What help do you think your child needs?

### **Your child's views**

- Does your child enjoy going to school? What do they like best?
- What would they like to achieve? What makes it hard for them to do this?
- What help does your child think they need

# SEND Information and Advice Providers

Special  
Educational  
Needs &  
Disabilities

Information  
Organisations  
Group

Name and Description of Organisation	Is the support provided impairment specific?	Who can access support?	Support provided on:					How is support provided?			
			Education	Health	Social Care	Benefits	Housing	Phoneline	Email	Website	Other
<b>ACE</b> - Provides independent advice for parents/carers of children aged 5-16 in state schools in England. We aim to help parents and carers understand an increasingly complex education system so that they can help their children to achieve the best possible outcomes.	No	Parents & professionals	X					0300 0115 142: Monday to Wednesday 10am-1pm (term-time only) Check website for opening hours	<a href="mailto:enquiries@ace-ed.org.uk">enquiries@ace-ed.org.uk</a>	<a href="http://www.ace-ed.org.uk">www.ace-ed.org.uk</a>	PDF info booklets
<b>Civil Legal Advice (Legal Aid)</b> - Free legal advice on education law matters paid for by legal aid. SEN, discrimination and judicial review (e.g. for children not receiving education/unlawful exclusions etc.) remain in scope.	No	Anyone financially eligible for legal aid	X					0345 3454345: Monday to Friday 9am-8pm. Saturday 9am-12 noon.			Face to face advice - on an exceptional basis
<b>Contact</b> - Provides advice and information to families with disabled children across the UK to enable them get the right support. Brings families together to support each other, and helps families to campaign, volunteer, and fundraise.	No	Parents and carers of children and young people 0 to 25 in the UK	X	X	X	X		0808 808 3555: Monday to Friday, 9:30am-5pm Press 1 for education issues Press 2 for anything else	<a href="mailto:helpline@contact.org.uk">helpline@contact.org.uk</a>	<a href="http://www.contact.org.uk">www.contact.org.uk</a>	Some nation, local and regional projects - details online or via helpline
<b>Down's Syndrome Association</b> - The aim of the DSA is to help people with Down's syndrome to live full and rewarding lives.	Down's syndrome	Parents, professionals, members of the public	X	X	X	X	X	0333 1212 300: Monday to Friday 10am-4pm	<a href="mailto:info@downs-syndrome.org.uk">info@downs-syndrome.org.uk</a>	<a href="http://www.downs-syndrome.org.uk">www.downs-syndrome.org.uk</a>	Workshops, training, closed Facebook groups
<b>Information, Advice and Support Services - IAS</b> Services have a duty to provide information, advice and support to disabled children and young people, and those with SEN, and their parents. They are statutory services and are free, impartial and confidential.	No	Parents, children & young people	X	X	X			Check local service details	Check local service details	<a href="http://www.iassnetwork.org.uk/find-your-iass/">www.iassnetwork.org.uk/find-your-iass/</a>	
<b>IPSEA</b> - Independent Parental Special Education Advice, a charity which offers legal advice, support and training to ensure children and young people with Special Educational Needs and Disabilities (SEND) access the right education.	No	Parents & professionals	X					2 helplines. Full details on the website	A web based submission form is used rather than an email address	<a href="http://www.ipsea.org.uk">www.ipsea.org.uk</a>	Tribunal Representation

The SEND Information Organisations Group is a network of national organisations who provide free information, advice and support to children and young people with SEND and/or their families

# SEND Information and Advice Providers

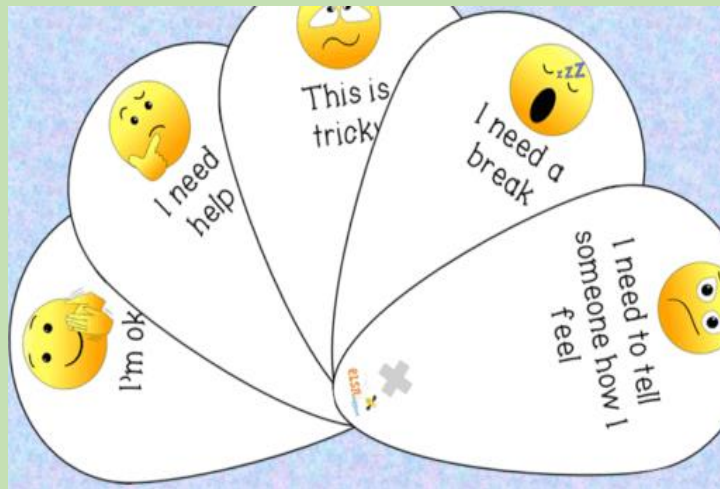
Special  
Educational  
Needs &  
Disabilities

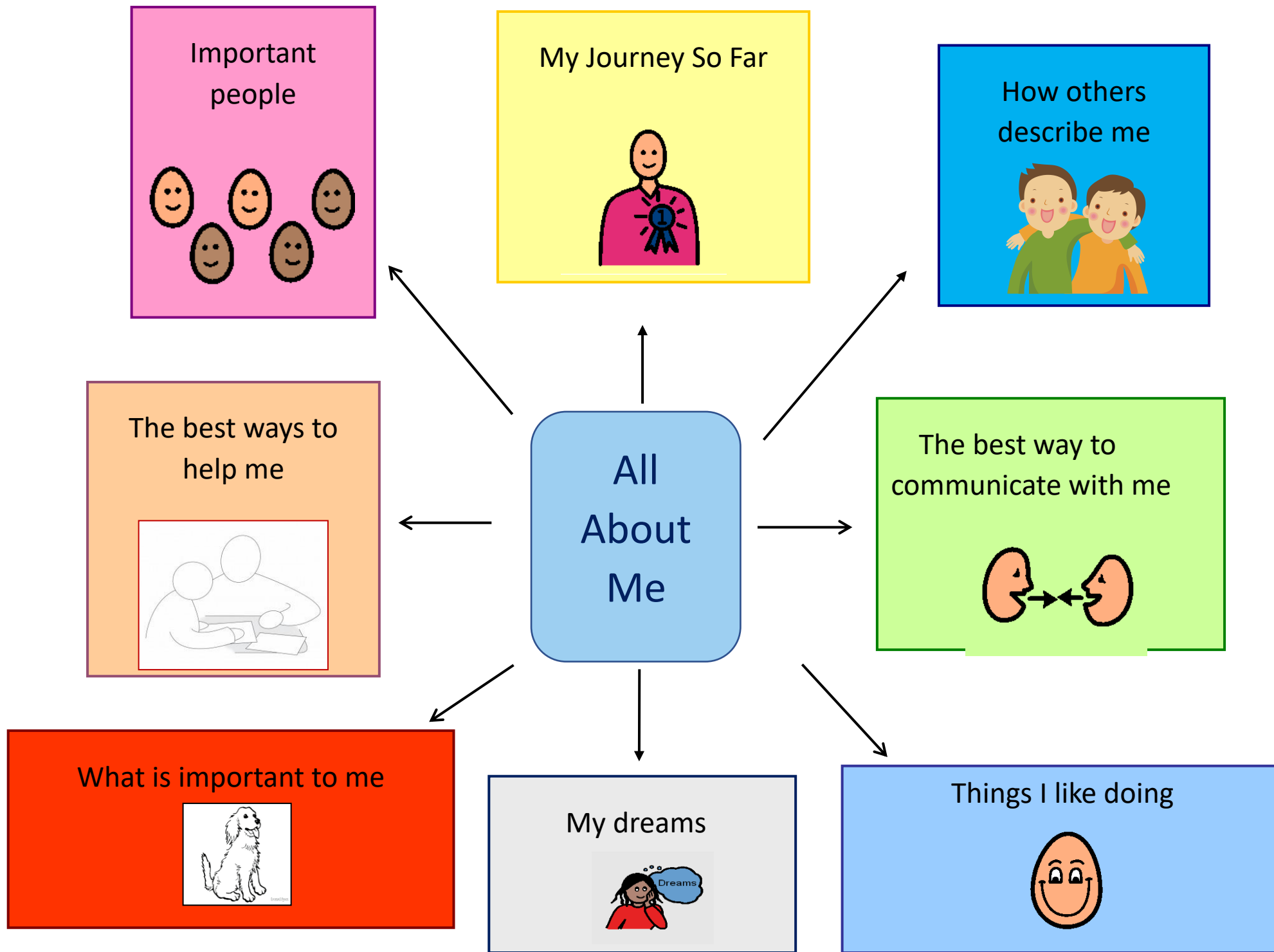
Information  
Organisations  
Group

Name and Description of Organisation		Is the support provided impairment specific?	Who can access support?	Support provided on:					How is support provided?			
				Education	Health	Social Care	Benefits	Housing	Phoneline	Email	Website	Other
<b>National Autistic Society</b> - We are the leading UK charity for people with autism (including Asperger syndrome) and their families. We provide information, support and pioneering services, and campaign for a better world for people with autism.	<b>Education Rights Service</b>	Autism, including Asperger syndrome	Parents, young people, Professionals	x					0808 800 4102	<a href="mailto:educationrights@nas.org.uk">educationrights@nas.org.uk</a>	<a href="http://www.autism.org.uk">www.autism.org.uk</a>	
	<b>Transition Support (school to adult life)</b>		Parents	x					0808 800 0027	<a href="mailto:transitionsupport@nas.org.uk">transitionsupport@nas.org.uk</a>		
<b>National Deaf Children's Society</b> - The National Deaf Children's Society is the leading charity dedicated to creating a world without barriers for deaf children and young people.		Deaf children and young people aged 0 - 25.	Parents, children, young people & professionals	x	x	x	x		0808 800 8880: Monday to Thursday 9.30am-9.30pm and Friday 9.30am-5pm	<a href="mailto:helpline@ndcs.org.uk">helpline@ndcs.org.uk</a>	<a href="http://www.ndcs.org.uk">www.ndcs.org.uk</a>	Face to Face, Tribunal Representation
<b>Sense</b> - Give legal advice and assistance to deafblind individuals or their family members and supporters.		Deafblind and multi-sensory impaired CYP & adults	Parents, children, young people & professionals	x		x	x		0207 520 0957: Monday to Thursday 9am-5pm	<a href="mailto:legal@sense.org.uk">legal@sense.org.uk</a>	<a href="http://www.sense.org.uk/content/legal-support-service">www.sense.org.uk/content/legal-support-service</a>	
<b>SOS SEN</b> - A national charity aiming to empower parents and carers of children and young people with SEN and disabilities to access the help they are entitled to, particularly in the education system.		No	Parents, children & young people	x	x	x			0208 538 3731: Weekdays during term-time, 9.30am-12.30, 2-5. Tuesdays and Wednesdays 8-10pm	<a href="mailto:admin@sossen.org.uk">admin@sossen.org.uk</a>	<a href="http://www.sossen.org.uk">www.sossen.org.uk</a>	Face to face, Tribunal help with documents, parent workshops

The SEND Information Organisations Group is a network of national organisations who provide free information, advice and support to children and young people with SEND and/or their families

# The best ways to help me







# Kaylie

## What people like and admire about me...

I am light hearted and don't often take offence to things

I don't like to quit - I will work as hard as possible to find a way

I am always up for a challenge

I always have time for others

I am good at crafting which is something I also enjoy

I am a good friend to others



## What makes me happy

- **My family** - I live with my husband and two little boys. Talk about being outnumbered!
- **Music** - I love music, it picks me up when I am feeling sad. I love live music and like to go to Gigs & Festivals.
- **Biscuits** - I am literally the office biscuit monster...if there are any in the tin, then I am eating them 😊.
- **My job** - Working for SENDIASS is one of the best jobs I have had! I love supporting others especially young people.

## How I want to be supported

- I am a visual person. I like to see things done before attempting them myself
- I struggle with writing long pieces of work, so I like to use a computer
- I often have ideas but find it hard to put them into words, so I like others to be patient with me when I am trying to explain things
- Reassurance from others when I am doing things well really motivates me and helps me to keep going

# Mind of My Own Free Young Person App



[About](#) [Our Apps](#) [Our Community](#) [Meet the Team](#) [News](#) [VoxCon](#) [Contact Us](#) [Login/Register](#)

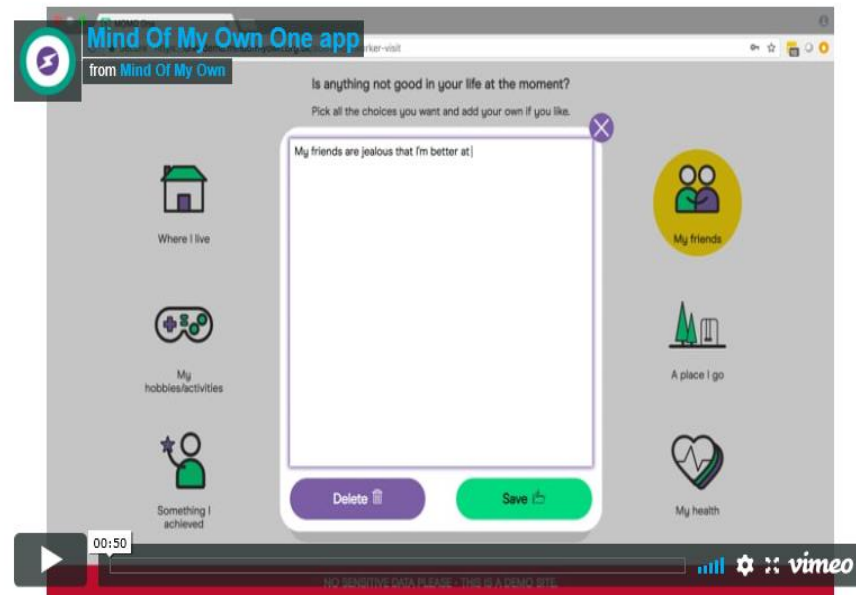
## Does anyone listen- really listen- just to you?

If you're finding it hard to talk to a social worker, health professional or teacher, One App is a great way to put down your thoughts and send them to those who need to hear from you.

Thousands of young people like you are using [Mind Of My Own](#) to talk to their workers. What are you waiting for?



[Sign up here](#)



Mind Of My Own apps are designed and conscientiously co-produced **with** young people **for** young people. We embrace the fact that children and young people are experts by experience and harness their



## Additional Helpful Tools:

# Planning My Future Life



# One Page Profile

WHAT PEOPLE LIKE AND ADMIRE ABOUT ME

WHAT MATTERS TO ME (IMPORTANT TO)

HOW BEST TO SUPPORT ME (IMPORTANT FOR)



NAME

DATE

WHAT PEOPLE LIKE ABOUT ME

IF I COULD... I WOULD...



WHAT I WANT IN THE FUTURE

WHAT I'M GOOD AT

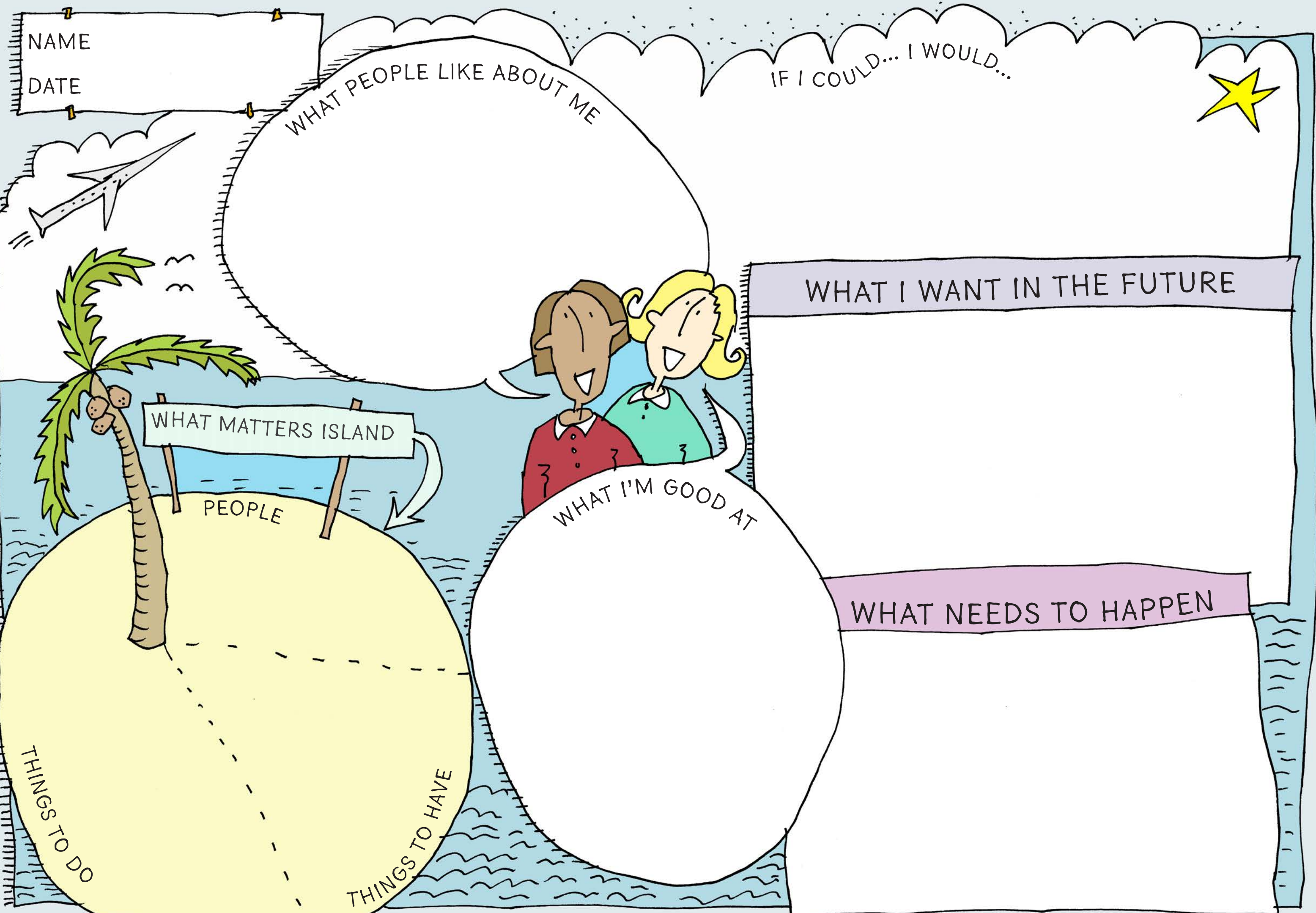
WHAT NEEDS TO HAPPEN

WHAT MATTERS ISLAND

PEOPLE

THINGS TO DO

THINGS TO HAVE

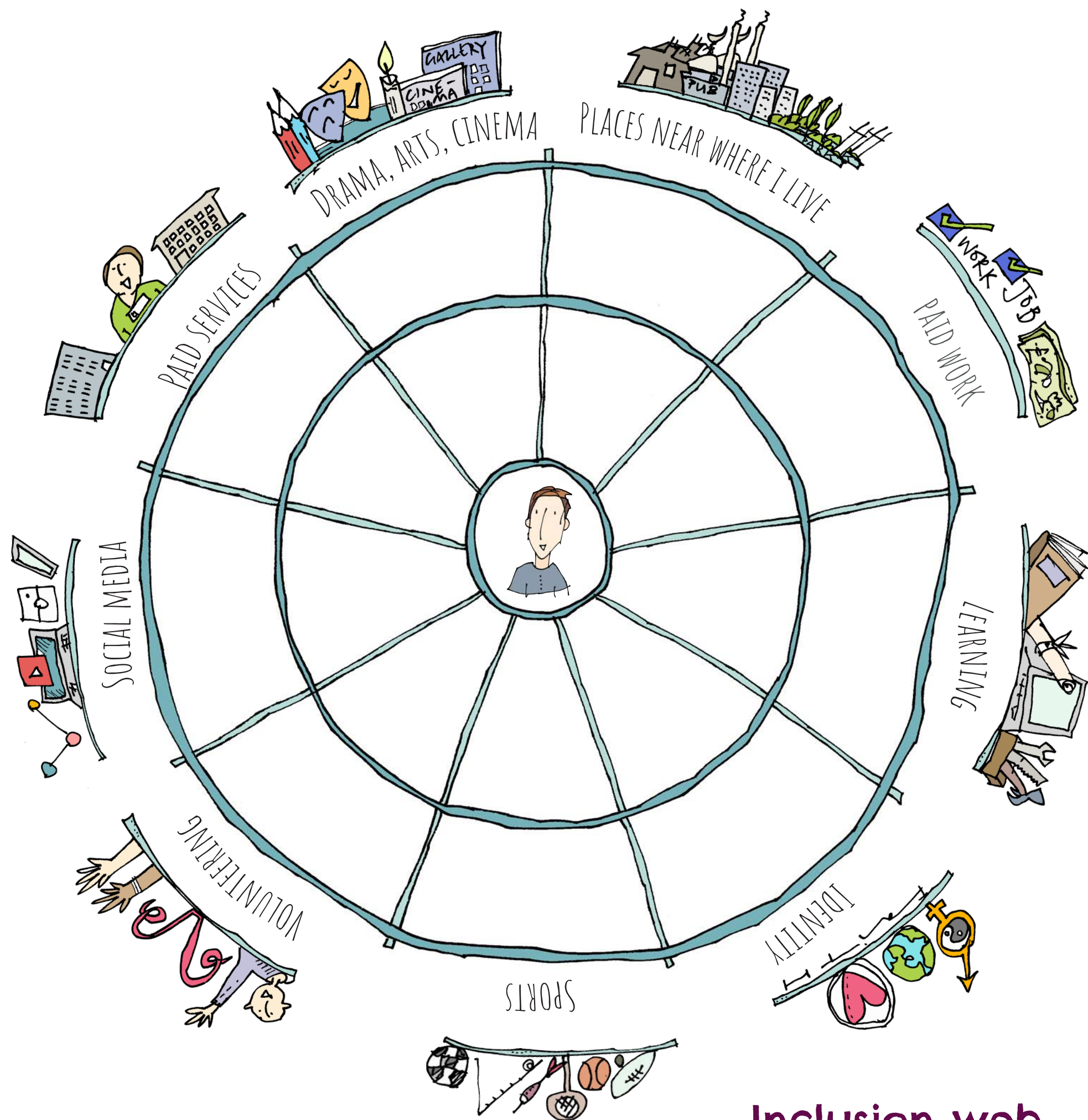




PLACES I GO

PEOPLE I KNOW

PLACES		
EMPLOYMENT		
LEARNING		
IDENTITY		
SPORTS		
VOLUNTEERING		
SOCIAL MEDIA		
PAID SUPPORT		
DRAMA ARTS		



Inclusion web

GOOD DAY

BAD DAY



WHAT DOES THIS SAY ABOUT WHAT MATTERS TO ME?

WHAT DOES THIS SAY ABOUT THE SUPPORT I NEED?



# Perfect Week



MORNING



AFTERNOON



EVENING

MON

TUES

WED

THURS

FRI

SAT

SUN

# Decision Making Profile

HOW I LIKE TO GET INFORMATION	HOW TO PRESENT CHOICES TO ME	WAYS YOU CAN HELP ME UNDERSTAND	THE BEST TIME FOR ME TO MAKE DECISIONS	THE WORST TIME FOR ME TO MAKE DECISIONS

# Communication Passport



AT THIS TIME



I DO THIS



IT MEANS



YOU NEED TO



SUPPORT WANTED OR NEEDED

SKILLS THAT ARE NEEDED

PERSONALITY CHARACTERISTICS NEEDED

SHARED COMMON INTERESTS (WOULD BE GREAT TO HAVE)



# Presence to contribution



OPPORTUNITY TO CONTRIBUTE

OPPORTUNITY TO CONNECT

ACTIVELY PARTICIPATING

HAVING PRESENCE

BEING PRESENT

ACTIVITY





### Website

[www.preparingforadulthood.org.uk](http://www.preparingforadulthood.org.uk)

### Contact Information

[info@preparingforadulthood.org.uk](mailto:info@preparingforadulthood.org.uk) | 01225 789 135

### Social Media

@PfA\_tweets | | @preparingforadulthood

Preparing for  
**Adulthood**

